

## What Now?

This information sheet details what will happen in the next stage of the study – when you give birth and before you are discharged from hospital.

### **When you get home today**

1. Please put your colostrum and meconium collection packs into your hospital bag so they are not forgotten. Please don't bring your esky into hospital.

### **At the onset of labour**

1. Please send a text message with your name to **0477247361** so that our staff can prepare for your baby's birth (even if the onset of labour is in the middle of the night!).

### **Post delivery**

1. After the birth and once you have been moved from the birth suite to your ward, please leave another text message on the same mobile **0477247361** at your earliest convenience to let us know your baby has arrived. In this text please state:
  - a. your name,
  - b. your baby's name
  - c. the date and time of the birth and,
  - d. your room number.

For overnight deliveries, this text will be looked at in the morning.

2. Please collect your colostrum and meconium samples, complete the request form & labels and give them IMMEDIATELY to the nearest midwife.
3. One of our staff members will then call you to arrange a visit in your room. You will sign consent forms for your baby to be involved in ORIGINS and take you and your baby to complete the PeaPod measurements.
4. Where possible, we will collect a saliva sample from your baby, and a saliva and cheek swab from your partner (if they have consented to the Project).
5. We will give you your sample home collection packs and explain what and when will need to be collected.



### **REMEMBER**

- 1. Please text when you go into labour.**
- 2. Please text when you have delivered your baby.**
- 3. Please collect meconium and colostrum**

**Should you ever have any concerns or queries please call us on  
9408 3118 or 0477247361.**

***Thank you and best wishes for your delivery.***